## Welcome to Upper Merion Senior Service Center.

## Join the fun!

The Senior Center offers a variety of activities to enjoy such as exercise classes, line dancing, computer help, card games, discussion groups, trivia games, bingo, and special events. Anyone 50 or over is eligible to join. Our yearly membership fee is only \$25. Why not consider joining this year and bring a friend. Come in for a tour. We would love to see you!

## **SENIOR CENTER HOURS:**

MONDAY - THURSDAY 9:30 AM TO 3:30 PM and FRIDAYS 9:00 AM TO 3:00 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13	14	15	16	17
9:00-3:00 WALK THE TRACK	9:00 -3:00 WALK THE TRACK	9:00-3:00 WALK THE TRACK	<b>9:00 -3:00</b> WALK THE TRACK	<b>9:00-3:00</b> WALK THE TRACK
11:00 CURRENT EVENTS	10:00 RUMMIKUB	<b>9:45</b> MEDITATION	<b>10:15</b> BINGO	<b>9:15</b> YOGA
<b>12:00</b> ART GROUP	11:30 FUN & FITNESS	12:00 CELLPHONES MADE EASY	<b>11:30</b> FUN & FITNESS	<b>10:30</b> SING-A LONG
12:00 MONDAY MATINEE "WITNESS"	<b>12:45</b> PINOCHLE	<b>12:30</b> CANASTA	1:00-3:00 OPEN GAME ROOM	1:00 TRIVIA
12:30 MEXICAN TRAIN	<b>12:45</b> BAND PRACTICE	12:30 LINE DANCING		

**SUNDAY, OCTOBER 26 BIG BINGO |** TICKETS ON SALE NOW | \$35.00 IN ADVANCE | \$40.00 AT THE DOOR | Each Packet includes all games | BASKET RAFFLE | 50/50 | DOOR PRIZES | **OPEN TO THE PUBLIC** 

**THURSDAY, NOVEMBER 20** DUTCH APPLE THEATER BUS TRIP | "HOLIDAY INN" | BUS, LUNCH AND SHOW | \$100.00 MEMBERS ONLY | TICKETS ON SALE NOW UNTIL NOVEMBER 1