





OCTOBER 2016

Light breeze - colorful leaves - bare trees - it must be Autumn!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 UPPER MERION COMMUNITY FAIR & FALL FEST AT HEUSER PARK 10:00 - 2:00
2 	3 9:30 MAH-JONGG 10:00 FLU SHOTS (ACME) 10:30 CURRENT EVENTS 1:30 YOGA	4 9:30 COMPUTER CLUB 9:30 BRIDGE 9:30 POKER 10:00 FLU SHOTS (ACME) 11:30 CHAIR EXERCISE 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/ CROCHETING	5 9:30 WEDNESDAY CARD PLAYERS 10:00 BOARD MEETING 12:00 TAI CHI (VIDEO) 12:00 BREAD DAY 1:00 LINE DANCING 1:00 GARDEN CLUB	6 9:30 CANASTA 10:00 FINANCE/INVEST GROUP DISCUSSION 10:00 FLU SHOTS (ACME) 10:15 BINGO 12:30 CHAIR EXERCISE	7 10:00 SING-A-LONG 1:00 MEDICARE OPEN ENROLLMENT PRESENTATION	8
9	10 9:30 MAH-JONGG 10:00 FLU SHOTS (WALGLREENS) 10:30 CURRENT EVENTS 1:30 SLEEP DISORDERS & SLEEP HEALTH (MLH) 1:30 YOGA	11 9:30 COMPUTER CLUB 9:30 BRIDGE 9:30 POKER 11:30 CHAIR EXERCISE 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/ CROCHETING	12 SENIOR CENTER IS CLOSED FOR YOM KIPPUR HOLIDAY	13 9:30 CANASTA 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 11:00 OUTREACH-BRIGGS 12:30 CHAIR EXERCISE	14 10:00 SING-A-LONG	15
16	17 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:30 BOOK TALK 1:30 YOGA	18 9:30 COMPUTER CLUB 9:30 BRIDGE 9:30 POKER 11:30 CHAIR EXERCISE 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/ CROCHETING HOLIDAY PARTY TICKET SALES START TODAY	19 9:30 WEDNESDAY CARD PLAYERS 10:00 GENERAL MEETING 12:00 TAI CHI (VIDEO) 1:00 LINE DANCING	20 9:30 CANASTA 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 12:00 BREAD DAY 12:30 CHAIR EXERCISE	21 10:00 SING-A-LONG 11:15 FRIDAY FLICKS	22
23	24 9:30 MAH-JONGG 10:00 COOKING WITH PARI 10:30 CURRENT EVENTS 1:30 YOGA	25 9:30 COMPUTER CLUB 9:30 BRIDGE 9:30 POKER 11:30 CHAIR EXERCISE 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/ CROCHETING	26 9:30 VALLEY FORGE CASINO 9:30 QUILTING 9:30 WEDNESDAY CARD PLAYERS 12:00 TAI CHI (VIDEO) 12:00 BREAD DAY 1:00 LINE DANCING 1:00 GARDEN CLUB	27 9:30 CANASTA 9:30 NURSE 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 11:00 OUTREACH-LEACH 12:30 CHAIR EXERCISE	28 10:00 SING-A-LONG 1:00 MONSTER MASH AT GULPH ROAD SCHOOL	29
30	31 9:30 FLU SHOTS (MLH) 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:00 NOSTALGIA DAY 1:30 YOGA					GUESS WHO?