

OCTOBER 2026 *BE SURE TO CHECK YOUR SMOKE DETECTORS*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 10:00-12:00 FLU SHOTS 1:00-3:00 OPEN GAME ROOM 1:00 HEALTHY STEPS IN MOTION week 1 (THIS CLASS IS FULL.)	2 9-3 WALK THE TRACK 9:15 CHAIR YOGA 9:45-11:45 OPEN GAME ROOM 1:00 TRIVIA	3 
4 	5 9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ZOOM) 11:45-3 ART GROUP 12:30 MEXICAN TRAIN 1:00-3:00 POKER 1:45-3:00 TAI CHI 9:30-3:00 (PRIVATE)VJF HOMESTEAD QUILTERS	6 9 -3 WALK THE TRACK 10:00 BOARD MEETING 10:00-12:00 FLU SHOTS 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 VISITING ANGELS PRESENTATION NEW TIME GOING FORWARD 4:00-6:30 EVENING GAMES UM NATIONAL NIGHT OUT	7 9-3 WALK THE TRACK 9:45 MEDITATION 10:00-12:00 MAH JONGG 12:00 CELLPHONES MADE SIMPLE 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 BOCCE 1:00-3:00 OPEN GAME ROOM	8 9-3 WALK THE TRACK 9:45-12 NURSE 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM 1:00 HEALTHY STEPS IN MOTION week 2	9 9-3 WALK THE TRACK 9:15 CHAIR YOGA 9:45-11:45 OPEN GAME ROOM 1:00 TRIVIA	10 
11 	12 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 11:45-3 ART GROUP 12:30 MEXICAN TRAIN 1:00 BOOK TALK 1:45-3:00 TAI CHI	13 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE 4:00-6:30 EVENING GAMES US NAVY BIRTHDAY	14 9-3 WALK THE TRACK 10:00-12:00 MAH JONGG 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 BOCCE 1:00-3:00 OPEN GAME ROOM	15 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM 1:00 HEALTHY STEPS IN MOTION week 3	16 9-3 WALK THE TRACK 9:15 CHAIR YOGA 9:45-11:45 OPEN GAME ROOM 1:00 TRIVIA	17 
18 	19 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 11:45-3 ART GROUP 12:30 MEXICAN TRAIN 1:00 POKER 1:45-3:00 TAI CHI PEPPERS GIVE BACK NIGHT-4:00-9:00 PM	20 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE 4:00-6:30 EVENING GAMES	21 9-3 WALK THE TRACK 9:45 MEDITATION 10:00-12:00 MAH JONGG 12:00 CELLPHONES MADE SIMPLE 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 BOCCE 1:00-3:00 OPEN GAME ROOM BOSCOV FRIENDS HELPING FRIENDS DAY	22 9-3 WALK THE TRACK 10:15 COLEBROOKDALE RR EXCURSION 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM 1:00 QUILTING 1:00 HEALTHY STEPS IN MOTION week 4	23 9-3 WALK THE TRACK 9:15 CHAIR YOGA 9:45-11:45 OPEN GAME ROOM 1:00 TRIVIA	24 
25 	26 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 11:45-3 ART GROUP 12:30 MEXICAN TRAIN 2:00-3:00 TAI CHI	27 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE 4:00-6:30 EVENING GAMES	28 9-3 WALK THE TRACK 10:00-12:00 MAH JONGG 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 BOCCE 1:00-3:00 OPEN GAME ROOM	29 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM 1:00 HEALTHY STEPS IN MOTION week 5	30 9-3 WALK THE TRACK 9:15 CHAIR YOGA 9:45-11:45 OPEN GAME ROOM 1:00 TRIVIA	31 HAPPY HALLOWEEN 