








# SEPTEMBER 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p><b>CENTER IS CLOSED FOR LABOR DAY HOLIDAY</b></p>	<p>2</p> <p>9:30 COMPUTER CLUB 9:30 BRIDGE 11:30 CHAIR EXERCISE 1:00 KNITTING &amp; CROCHETING 1:30 BAND PRACTICE &amp; INSTRUCTION</p>	<p>3</p> <p>10:00 BOARD MEETING <b>12:00 TAI CHI (GYM)</b> 1:00 LINE DANCING</p>	<p>4</p> <p>10:00 FINANCIAL/INVESTMENT DISCUSSION GROUP 10:15 BINGO 12:30 CHAIR EXERCISE</p>	<p>5</p> <p>10:00 SING-A-LONG</p>	<p>6</p> <p><b>VISIT THE SENIOR CENTER BOOTH AT THE UPPER MERION COMMUNITY FAIR HEUSER PARK 12:00 PM – 4:00 PM</b></p>
<p>7</p> 	<p>8</p> <p><b>9:30 8 HR. AARP DRIVER SAFETY 4 HRS EA DAY</b> 9:30 MAH-JONGG <b>10:00 GOOD FOOD/ GOOD HEALTH WITH PARI</b> 10:30 CURRENT EVENTS 1:30 YOGA</p>	<p>9</p> <p><b>9:30 8 HR. AARP DRIVER SAFETY -4 HRS EA DAY</b> 9:30 COMPUTER CLUB 9:30 BRIDGE 11:30 CHAIR EXERCISE 1:00 KNITTING &amp; CROCHETING 1:30 BAND PRACTICE &amp; INSTRUCTION</p>	<p>10</p> <p><b>10:00 GENERAL MEETING</b> <b>12:00 TAI CHI (GYM)</b> 1:00 GARDEN CLUB 1:00 LINE DANCING</p>	<p>11</p> <p><b>10:00 NURSE</b> 10:00 FINANCIAL / INVESTMENT DISCUSSION GROUP 10:15 BINGO <b>11:00 OUTREACH BRIGGS</b> 12:30 CHAIR EXERCISE</p>	<p>12</p> <p><b>9:00 FLU SHOTS</b> 10:00 SING-A-LONG 11:15 <b>FRIDAY FLICKS "CAPTAIN PHILLIPS"</b></p>	<p>13</p> 
<p>14</p> 	<p>15</p> <p>9:30 MAH-JONGG 10:30 CURRENT EVENTS <b>12:00 ZUMBA GOLD (FREE DEMO)</b> <b>1:00 BOOK TALK</b> 1:30 YOGA</p>	<p>16</p> <p>9:30 COMPUTER CLUB 9:30 BRIDGE 11:30 CHAIR EXERCISE 1:00 KNITTING &amp; CROCHETING 1:30 BAND PRACTICE &amp; INSTRUCTION</p>	<p>17</p> <p><b>9:30 VALLEY FORGE CASINO</b> <b>12:00 TAI CHI (GYM)</b> 1:00 LINE DANCING</p>	<p>18</p> <p><b>SENIOR CENTER IS CLOSED FOR THE 13<sup>TH</sup> ANNUAL SENIOR FALL FLING AT THE KING OF PRUSSIA MALL</b></p>	<p>19</p> <p>10:00 SING-A-LONG</p>	<p>20</p> <p><b>REP. TIM BRIGGS SHREDDING EVENT 11:00 AM – 1:00 PM AT THE DISTRICT OFFICE 554 SHOEMAKER RD. KING OF PRUSSIA</b></p>
<p>21</p> 	<p>22</p> <p>9:30 MAH-JONGG 10:30 CURRENT EVENTS <b>12:00 ZUMBA GOLD</b> <b>1:00 NOSTALGIA DAY</b> 1:30 YOGA (LOUNGE)</p>	<p>23</p> <p>9:30 COMPUTER CLUB 9:30 BRIDGE 11:30 CHAIR EXERCISE 1:00 KNITTING &amp; CROCHETING 1:30 BAND PRACTICE INSTRUCTION</p>	<p>24</p> <p><b>10:00 UMSSC JEOPARDY VI GAMES</b> <b>12:00 TAI CHI (GYM)</b> 1:00 GARDEN CLUB 1:00 LINE DANCING</p>	<p>25</p> <p><b>SENIOR CENTER IS CLOSED FOR ROSH HASHANAH</b></p>	<p>26</p> <p>10:00 SING-A-LONG</p>	<p>27</p> 
<p>28</p> 	<p>29</p> <p>9:30 MAH-JONGG 10:30 CURRENT EVENTS <b>12:00 ZUMBA GOLD</b> 1:30 YOGA</p>	<p>30</p> <p>9:30 COMPUTER CLUB 9:30 BRIDGE 11:30 CHAIR EXERCISE 1:00 KNITTING &amp; CROCHETING 1:30 BAND PRACTICE &amp; INSTRUCTION</p>	