January 2014 Quote of the Month: Write it on your heart that every day is the best day in the year. Ralph Waldo Emerson **TUESDAY** THURSDAY WEDNESDAY SATURDAY **SUNDAY** 2 Closed for New Year's 10:15 BINGO 10:00 SING-A-LONG 12:30 CHAIR EXERCISE Dav 10 9:30 COMPUTER CLUB 10:00 MAH-JONGG 10:00 NURSE 10:00 SING-A-LONG 10:00 BOARD MEETING 10:30 CURRENT EVENTS 10:00 BRIDGE 10:15 BINGO 11:15 FRIDAY FLICKS 1:00 LINE DANCING 12:00 ZUMBA GOLD (FREE 11:30 CHAIR EXERCISE 11:30 OUTREACH "THE ENGLISH 1:00 KNITTING & **BRIGGS** TEACHER" CLASS) 1:30 YOGA **CROCHETING** 12:30 CHAIR EXERCISE 1:30 BAND PRACTICE & 2:00 MONTCO MEDICAL **SOCIETY PRESENTATION INSTRUCTION** ON EYE HEALTH 14 15 16 17 9:30 COMPUTER CLUB 10:00 GENERAL MEETING 10:15 BINGO 10:00 SING-A-LONG 10:00 MAH-JONGG 1:00 LINE DANCING 10:00 BRIDGE 12:30 CHAIR EXERCISE 10:30 CURRENT EVENTS 11:30 CHAIR EXERCISE 12:00 ZUMBA GOLD 1:00 KNITTING & 1:30 YOGA **CROCHETING** 1:30 BAND PRACTICE & **INSTRUCTION** 22 23 24 9:30 COMPUTER CLUB 9:30 VALLEY FORGE 10:00 NURSE 10:00 SING-A-LONG 10:00 BRIDGE CASINO 10:15 BINGO Closed for Martin 11:30 CHAIR EXERCISE 9:30 QUILTING 12:30 CHAIR EXERCISE Cuther King Day of 1:00 KNITTING & 1:00 LINE DANCING **CROCHETING** Service 1:30 BAND PRACTICE & **INSTRUCTION** 26 28 29 31 10:00 MAH-JONGG 9:30 COMPUTER CLUB 1:00 LINE DANCING 10:15 BINGO 10:00 SING-A-LONG 10:30 CURRENT EVENTS 10:00 BRIDGE 12:30 CHAIR EXERCISE 12:00 ZUMBA GOLD 11:30 CHAIR EXERCISE 11:00 OUTREACH LEACH



1:00 BOOK TALK 1:30 YOGA

1:00 KNITTING & **CROCHETING** 1:30 BAND PRACTICE & INSTRUCTION