







MONTHLY HEALTHY HABIT: DRINK YOUR WATER 64 OZ. EVERY DAY.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Mescome PATRICKS I	AY		10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 11:00 BREAD DAY 12:30 FUN & FITNESS	9:30 PINOCHLE 10:00 SING-A-LONG	3
UMSSC BIG BINGO DOORS OPEN AT 11:00 AM	9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:30 YOGA (VIDEO)	9:30 COMPUTER CLUB 10:00 BRIDGE 10:00 MUSCLE TENSION SCREENING 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING 2:00 MEMORY CAFÉ	9:30 WEDNESDAY CARD PLAYERS 10:00 BOARD MEETING 11:00 BREAD DAY 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING	10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 NURSE 10:15 BINGO 11:00 BREAD DAY 11:00 OUTREACH - BRIGGS 12:30 FUN & FITNESS	9:30 PINOCHLE 10:00 SING-A-LONG	10
11	9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:30 YOGA (VIDEO)	9:30 COMPUTER CLUB 10:00 TECH HELP 10:00 BRIDGE 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	9:30 WEDNESDAY CARD PLAYERS 10:00 GENERAL MEETING (FOLLOWED BY SPECIAL PRESENTATIONS) 11:00 BREAD DAY 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 GARDEN CLUB 1:00 LINE DANCING 1:30 RED HAT LADIES	15 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO (IN GREAT ROOM) 11:00 BREAD DAY 12:30 FUN & FITNESS	9:30 PINOCHLE (IN LOUNGE TODAY) 10:00 SING-A-LONG 11:30 FRIDAY FLICKS	17
18	9:30 THRIFT SHOP OPEN 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:00 BOOK TALK 1:30 YOGA (VIDEO)	9:30 THRIFT SHOP OPEN 9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 FUN & FITNESS 12:30 PINOCHLE (IN LOUNGE TODAY) 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING 2:00 MEMORY CAFÉ (IN COMPUTER ROOM)	9:30 THRIFT SHOP OPEN 9:30 WEDNESDAY CARD PLAYERS (IN CRAFT ROOM TODAY) 9:30 QUILTING 9:30 VALLEY FORGE CASINO 11:00 BREAD DAY 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING	9:30 THRIFT SHOP OPEN 10:00 TRIP TO MORAVIAN TILE & FONTHILL CASTLE 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 NURSE 10:15 BINGO (IN GREAT ROOM) 111:00 BREAD DAY 12:30 FUN & FITNESS	9:30 PINOCHLE (IN LOUNGE TODAY) 10:00 SING-A-LONG	24
25	9:30 THRIFT SHOP OPEN 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:30 YOGA (VIDEO)	9:30 THRIFT SHOP OPEN 9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 FUN & FITNESS 12:30 PINOCHLE (IN LOUNGE TODAY) 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	9:30 THRIFT SHOP OPEN 9:30 WEDNESDAY CARD PLAYERS (IN CRAFT ROOM TODAY) 11:00 BREAD DAY 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 GARDEN CLUB 1:00 LINE DANCING	9:30 THRIFT SHOP OPEN 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO (IN GREAT ROOM) 111:00 BREAD DAY 11:30 OUTREACH - LEACH 12:30 FUN & FITNESS	SENIOR CENTER CLOSED FOR GOOD FRIDAY HOLIDAY	31