MARCH 2024 NEVER UNDERESTIMATE THE POWER OF A KIND WORD OR DEED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				9:30-3 WALK THE TRACK 10:30 SING-A-LONG 1:00-2:30 TRIVIA	2
9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN	9:30 -3 WALK THE TRACK 10:00 BOARD MEETING 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	9:30-3 WALK THE TRACK 12:00 TECH HELP 12:00 NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00 KNIT & CROCHET GROUP 12:30 TAI CHI PROGRAM 1:45 HEALTHY STEPS IN MOTION PROGRAM	9:30-3 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS 12:45 BRAIN BOOST PRESENTATION	9:30-3 WALK THE TRACK 10:30 SING-A-LONG 1:00-2:30 TRIVIA	Spring Forward! DAYLIGHT SAVINGS TIME
11	12	13	14 ALL ACTIVITIES CANCELLED	15	16
9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 11:30 MONDAY MATINEE "THE LOST KING" 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN	9:30 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	9:30-3 WALK THE TRACK 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00 KNIT & CROCHET GROUP 12:30 TAI CHI PROGRAM 1:45 HEALTHY STEPS IN MOTION PROGRAM	FOR TODAY 11:45 GENERAL MEETING FOLLOWED BY LUNCH FOR THOSE ATTENDING THE GENERAL MEETING YOU MUST SIGN UP IN ADVANCE TO ATTEND THE MEETING AND LUNCH	9:30-3 WALK THE TRACK 10:30 SING-A-LONG 1:00-2:30 TRIVIA	
18	19	9:30-3 WALK THE TRACK		22	23
9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN 1:00 BOOK TALK	9:30 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 10:00 GARDEN GROUP MEETING 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	12:00 TECH HELP 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00 KNIT & CROCHET GROUP 12:30 TAI CHI PROGRAM 1:45 HEALTHY STEPS IN MOTION PROGRAM	9:30-3 WALK THE TRACK 10:00 BUS TRIP TO BUBE'S BREWERY 10:15 BINGO 11:30 FUN & FITNESS	9:30-3 WALK THE TRACK 10:30 SING-A-LONG 1:00-2:30 TRIVIA	
	FIRST DAY OF SPRING				
9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 11:30 MONDAY MATINEE 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN	9:30 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	9:30-3 WALK THE TRACK 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00 KNIT & CROCHET GROUP 12:30 TAI CHI PROGRAM 1:45 HEALTHY STEPS IN	9:30-3 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS 12:45 BALANCE ISSUES PRESENTATION 1:00 QUILTING	CENTER IS CLOSED GOOD FRIDAY	31 EASTER SUNDAY
	9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN 11 9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 11:30 MONDAY MATINEE "THE LOST KING" 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN 18 9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN 1:00 BOOK TALK 25 9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 11:30 MONDAY MATINEE 12-3 PAINTING GROUP	9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN 11 9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 11:30 MONDAY MATINEE "THE LOST KING" 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN 18 9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 11:30 MONDAY MATINEE "THE LOST KING" 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN 18 9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN 1:00 BOOK TALK 1:00 BOOK TALK 9:30-3 WALK THE TRACK 10:00-11:30 RUMMIKUB 10:00 GARDEN GROUP 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE FIRST DAY OF SPRING 9:30-3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE 12:30 TAI CHI PROGRAM 1:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE 130 FUN & FITNESS 12:30 PINOCHLE 12:30 TAI CHI PROGRAM 1:45 HEALTHY STEPS IN MOTION PROGRAM 1:45 HEALTHY STEPS IN MOTION PROGRAM 1:30 MONDAY MATINEE 12:30 BAND PRACTICE 18 9:30-3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE 12:30 LINE DANCING 12:30 CANASTA 12:30 LINE DANCING 12:30 CANASTA 12:30 LINE DANCING 12:30 CANASTA 12:30 LINE DANCING 12:30 TAI CHI PROGRAM 1:45 HEALTHY STEPS IN MOTION PROGRAM 1:30 LINE DANCING 1:00 KNIT & CROCHET GROUP 12:30 TAI CHI PROGRAM 1:45 HEALTHY STEPS IN MOTION PROGRAM 1:45 HEALTHY STEPS	9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12:30 MEXICAN TRAIN 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE 13:30 FUN & FITNESS 12:34 FERLITHY STEPS IN MOTION PROGRAM 1:45 HEALTHY STEPS IN MOTION PROGRAM 1:40 PROGRAM 1:40 PROGRAM 1:40 PROGRAM 1:40 PROGRAM 1:41 PROGRAM 1:45 HEALTHY STEPS IN MOTION PROGRAM 1:45 HEALTHY STEPS IN MOTION PROGRAM 1:46 HEALTHY STEPS IN MOTION PROGRAM 1:46 HEALTHY STEPS IN MOTION PROGRAM 1:47 HEALTHY STEPS IN MOTION PROGRAM 1:48 HEALTHY STEPS IN MOTION PROGRAM 1:49 PROGRAM 1:40 PROGRAM 1:49 PROGRAM 1:40 PROGRAM 1:	100-2:30 TRIVIA 9:30-3 WALK THE TRACK 1:00-2:30 TRIVIA 9:30-3 WALK THE TRACK 1:00-2:30 TRIVIA 1:30 FUN & FITNESS 1:30 FUN CHE 1:30 FUN & FUN CHE 1:30 FUN RAFITESS 1:30 FUN CHE 1:30 FUN RAFITESS 1:30 FUN RAFITES