



THE BEST OF TIMES

JUNE 2013

Published Monthly since 1997 by
the Upper Merion Senior Service Center
a Non-Profit 501(c)(3) Organization
Serving the Senior Community

UPPER MERION SENIOR SERVICE CENTER
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FAX 610-265-4005
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EMAIL: info@umssc.org
HOURS: MONDAY THRU FRIDAY
9:00 AM TO 3:00 PM

OUR MISSION STATEMENT

THE OBJECTIVE OF THE UPPER MERION SENIOR SERVICE CENTER SHALL BE TO IDENTIFY AND TO ASSIST IN MEETING THE NEEDS OF OLDER ADULTS IN A MULTI-USE ENVIRONMENT FOR PHYSICAL, EDUCATIONAL AND RECREATIONAL ACTIVITIES.

OFFICERS:

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Mary F. McCree, Vice President
Helen Cabrey, Secretary
Harlyce Grossman, Treasurer

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STAFF:

Shirley Robey, Administrative Assistant
Beth Cassidy, Receptionist

"Best of Times" Editors:

Mary F. McCree and Shirley Robey

GOALS

- ♦ Increase membership.
- ♦ Work to increase funding for operational support: investigate new sources of funding in cooperation with local businesses and government agencies.
- ♦ Continue the development of innovative programming.
- ♦ Maintain our working partnership with the Upper Merion Area School District and Upper Merion Township.
- ♦ Explore the potential for new opportunities for services.
- ♦ Search for educational opportunities for members as part of our lifelong learning efforts.
- ♦ Help members remain healthy and active through participation in recreational, educational and leisure activities.

MONTHLY MESSAGE

WEATHER?

It's the old story, everybody talks about it, nobody does anything about it. We all learn to live with it, well, almost. There are the snowbirds, and the occasional go north in summer travelers, but generally we all just put up with it.

We all somewhere decided that we would live in Pennsylvania, and we all put up with rain, cold, really cold, snow, hot and hotter. But if we didn't have all these variations think of all the furnace and air conditioning repairmen who would be unemployed. Thus far this year we seem to have been in the cold phase a long time, but now warm weather is due and before long we'll be complaining about the heat (funny but we remember the extremes much better than the normals). As it were the spring seemed to be just great for flowers, wonderful colors that lasted.

Now that summer is upon us we like to spend more time outdoors. And even though our center picnic has been indoors of late, I still think of it as an outdoorsy event. Of course when that pesky rain comes on picnic day it is kind of convenient to have scheduled it indoors. Thankfully we have the room to enjoy an indoor picnic (including air conditioning).

But back to weather. Earlier this winter I received an e-mail "complaint" about the serious cold and snow from a relative in Salt Lake City. Being a weather buff I started checking weather daily in several cities where we have relatives, and just for sport ... Fairbanks, Alaska. Yes, Florida is warm, Fairbanks is very cold (typical winter high of zero and low of -30, and few people choose to live there) but surprisingly, most of the rest of the country is generally comparable to Pennsylvania.

So we could get along practically anywhere, but we made the wise choice to settle down here, congratulations on your logical thinking. And I'm glad you did, because I enjoy having you all around the UMSSC.

Enjoy your summer. See you at the picnic ... *and remember to always say something nice about UMSSC and it's members.*




Paul Buce

Upper Merion Senior Service Center (UMSSC) is an equal opportunity institution that will not discriminate on the basis of race, color, religious affiliation, national origin, sex, age, marital status or disabilities in its activities, programs or employment practices

JUNE 2013

QUOTE OF THE MONTH: Friendship isn't about whom you have known the longest – it's about who came

and never left your side. *Anonymous*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
2	3	4	5	6	7	8
	<p>10:00 FARMER'S MARKET CHECKS DISTRIBUTION</p> <p>10:00 MAH-JONGG 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:30 YOGA</p>	<p>9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 CHAIR EXERCISE</p> <p>1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION</p>	<p>10:00 BOARD MEETING 1:00 LINE DANCING</p>	<p>10:15 BINGO 12:30 CHAIR EXERCISE</p>	<p>10:00 SING-A-LONG</p>	
9	10	11	12	13	14	15
	<p>10:00 FARMER'S MARKET CHECKS DISTRIBUTION</p> <p>10:00 MAH-JONGG 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:30 YOGA</p>	<p>9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 CHAIR EXERCISE</p> <p>1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION</p>	<p>10:00 GENERAL MEETING 1:00 LINE DANCING 1:00 GARDEN CLUB</p>	<p>10:00 NURSE 10:15 BINGO 11:00 OUTREACH-BRIGGS 12:30 CHAIR EXERCISE</p>	<p>10:00 SING-A-LONG 11:15 FRIDAY FLICKS "LINCOLN"</p> <p>FLAG DAY</p>	
16	17	18	19	20	21	22
FATHERS' DAY	<p>9:00 SHOWBOAT CASINO 10:00 FARMER'S MARKET CHECKS DISTRIBUTION</p> <p>10:00 MAH-JONGG 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:30 YOGA</p>	<p>9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 CHAIR EXERCISE</p> <p>1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION</p>	<p>9:00 VALLEY FORGE CASINO 1:00 LINE DANCING</p>	<p>10:15 BINGO 11:00 TRAVEL TALES & TIPS 12:30 CHAIR EXERCISE</p>	<p>10:00 SING-A-LONG</p> <p>FIRST DAY OF SUMMER</p>	
23	24	25	26	27	28	29
30	<p>10:00 FARMER'S MARKET CHECKS DISTRIBUTION</p> <p>10:00 MAH-JONGG 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:00 BOOK TALK 1:30 YOGA</p>	<p>9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 CHAIR EXERCISE</p> <p>1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION</p>	<p>9:30 QUILTING 10:30 TOUR OF KING OF PRUSSIA INN 1:00 LINE DANCING 1:00 GARDEN CLUB</p>	<p>10:00 NURSE 10:15 BINGO 11:00 OUTREACH- LEACH 12:30 CHAIR EXERCISE</p>	<p>10:00 OLD FASHIONED PICNIC -AND SUMMER BIRTHDAY CELEBRATIONS</p> <p>ALL OTHER ACTIVITIES ARE CANCELLED FOR TODAY</p>	<p>10:00 "CIVIL WAR HISTORY DAY" AT OLD SWEDES CHURCH</p>

OUR BOARD OF DIRECTORS



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UPCOMING EVENTS

SENIOR FARMER'S MARKET NUTRITION PROGRAM (SFMNP): On Monday's only beginning June 3 to September 30, 2013. Checks (value of \$20.00 per person or \$40.00 per couple) are available to seniors, age 60+ years and living on limited household income are eligible to receive checks to redeem at participating farmers' markets (list will be provided) for fresh, locally grown produce. **Checks available through Center office on Monday's only between 10:00 AM and 2:00 PM. The following vendors at the Upper Merion Farmers' Market will honor these checks. They are: Frecon Farms, Livengood Family Farm and Peach Bottom Farm.**

SHOWBOAT CASINO: MONDAY, JUNE 17. Bus departs from Center at 9:00 AM and returns approximately 6:15 PM. Bus Captain: Dan DeLucca. **Cost: \$25.00** per person includes \$25.00 free slot play. Limit 47 passengers. **Must complete registration form to go; forms available at Center or on our website at www.umssc.org. MINIMUM 35 PASSENGERS REQUIRED. CUT-OFF DATE FOR TRIP IS WEDNESDAY, JUNE 12.**

VALLEY FORGE CASINO: ON WEDNESDAY, JUNE 19. The offer for groups is \$15.00 in Slot Play and \$10.00 in Food Credit. This offer does not cost

anything but **to take advantage of this offer you must complete registration form available at the Senior Center or on our website at www.umssc.org. Valley Services will handle all new and renewal casino memberships (not UMSSC). Cash or credit card will be accepted by Valley Services. If you have any questions you can contact Valley Services at 610-354-8118.** Shuttle will depart the center at 9:30 AM and return at 2:00 PM. For those driving, please meet in the Casino lobby between 9:30 AM and 10:00 AM. **CUT-OFF DATE FOR THIS TRIP IS WEDNESDAY, JUNE 12. Everyone will need a valid photo ID.** The best options are a driver's license, passport, or ID issued by the DMV that is not a driver's license. **IDs that are not accepted** are credit cards with photos, military ID, expired licenses.

KING OF PRUSSIA INN: WEDNESDAY, JUNE 26 AT 10:30 AM. Michael Morrison will be our host for a 1-hour presentation "The Historic King of Prussia Inn, and the Town that Grew Up Around It". It is a timeline of the history pertaining to the Inn, including Mr. Morrison's personal relationship with it. Question & Answer Session and light refreshments following presentation. **Transportation will not be provided by UMSSC. Very limited parking inside the "fence" or on the street. Car pooling is encouraged.**

OLD-FASHIONED PICNIC/SUMMER BIRTHDAY CELEBRATION: FRIDAY, JUNE 28 AT 10:00 AM. (NOTE: ALL OTHER ACTIVITIES CANCELLED ON THIS DAY). Join us in the Great Room for a day of good food, entertainment, door prizes and fun games. **Tickets \$6.00** on sale starting Monday, June 3 through Friday, June 21 or until sold out. *Reserved seating limited to 100. Help make our picnic a success by Volunteering to donate one of these side dishes: garden salad, sauerkraut, baked beans, fruit salad, coleslaw, potato salad, deviled eggs or cookies. If you donate a side dish, please bring in by 9:30 AM the day of the picnic. A sign-up sheet is at the Reception Desk.*

12TH ANNUAL SENIOR FALL FLING: THURSDAY, SEPTEMBER 26 AT 10:00 AM. PLEASE PLAN TO ARRIVE NO LATER THAN 9:45 AM SO AS NOT TO DISTURB THE PROGRAM. This year's theme will be "Showcasing Musical Seniors". We plan to showcase all senior musical talent; high school seniors and senior musicians in the community. **SIGN UP SHEET IS AT THE RECEPTION DESK.**

COMMUNITY OUTREACH

DONATIONS TO UMSSC

A generous donation was made to the Center by the King of Prussia Rotary Club. Thank you.

Upper Merion Senior Service Center is now a member of the *United Way Donor Program*. Anyone wishing to make a donation to the UMSSC can designate UMSSC as the recipient of their donation. (Reference UMSSC ID #45796, UW Agency #8229767.)

Please consider a tax-deductible donation to the Upper Merion Senior Service Center. As a non-profit organization 501(c)(3) we rely upon outside donations and gifts to help finance some of our programs, activities and services to our members. Does your company offer matching funds?

UPPER MERION EMERGENCY AID

Dried goods donations collected for families in the community. More families are in need than ever before. Donation box is outside of the lounge. ***The Upper Merion Emergency Fund has specifically requested donations of tuna, canned spaghetti and canned ravioli.*** As always, we thank you for your generosity.

PUT BOOKS IN THE HANDS OF CHILDREN WHO NEED THEM

Book donations to the Bridgeport Elementary School children (grades K-4th) are still being collected. Collection box is on the table outside of the lounge. ***When donating books please be sure that they are in good condition.***

LOCK FOR LIFE

Lock for Life is a **free** program available through the Upper Merion Township Police Department. It is intended to provide Police, Fire and Emergency Medical Service personnel access to your residence in the event of an emergency where you are unable to open the door. Pick up a brochure form at the "Info Center" for more detailed information and how to register. Registration forms are also available there.

GOT DRUGS?

The Upper Merion Twp. Police have set up a *permanent location* at the Township Bldg. to safely dispose of unused prescription and over-the-counter medications *24 hours a day, 7 days a week*. *Accepted medications are:* prescription medication and patches, pet medications, over-the-counter medications, vitamins and samples. *Not accepted are:* needles, thermometers, liquids, aerosol, peroxide and inhalers. If you have a question you can contact the Community

Response Unit of the Upper Merion Township Police Dept. at 610-265-3232 or hnuskey@umtownship.org.

ACKNOWLEDGEMENTS

GRACIAS! THANKS! DANKE! MERCI! ARIGATO! GRAZIE! OBRIGADO!

★ Thank you Tony from **Angelo's Pizza** – for the foot long Birthday Hoagie he donates to the center every month. ★ **LeBus Bread** – Member Bread Raffle every month and to ★ **Sun Joe** - who generously donates the baked goods we put out for snacks. We also thank ★ **Sicilian Delight** for their great discounts on pizza for Friday Flicks!

DONATIONS TO THE CENTER

Donations have been made to the Center by the following members:

Anna & Carmine DeMenna in memory of Evelyn Cavaliere and Theresa Ferreri.

Barbara Siegel, Mary & Don McCree and Ethel Hutchinson in memory of Frances Poché.

A donation was made by Florence, Joan and Mary Connor to the Poché family. Mr. Poché kindly gave this donation to the Center in memory of his wife.

THANK YOU TEA VOLUNTEERS

We would like to thank all of our volunteers who helped to make our annual Tea a great success, especially Helen Cabrey (Tea Chairperson) and Judy Narke who prepared the delicious food; so delicious in fact that recipes for Helen's chicken and pasta salad were requested (*see below*). We also thank the following ladies and gentlemen who worked so hard to serve and set up: Joan Banas, Nancy Cerio, Donna Cinelli, Pattie Cunnane, Rose Dale, Lucy Damiani, Rose DiDonna, June Dolan, Jean Ehlinger, Doris Freudenberg, Ed Freudenberg, Joan Forster, Patti George, Jean Grimes, Harlyce Grossman, Jerry Grossman, Tom Kohler, Ann Leahan, Joan Martin, Bettie Matey, Don McCree, Mary McCree, MaryLyn McCue, Mary Miller, Sarah Phillips, Mary Pysz, Peggy Reilly, Shirley Robey, Gerry Roth, Ginny Santangelo, Ruth Shand, Molly Trainer, and Ann Zebrowski.

Breaded Ranch Chicken

8 – boneless, skinless chicken breast halves
¾ cup crushed cornflakes
¾ cup grated parmesan cheese
1 (1 oz) envelope Ranch Salad Dressing mix
½ cup melted butter or margarine
Preheat oven to 350 degrees. In shallow bowl, combine cornflakes, parmesan cheese and salad dressing mix. Dip chicken in butter, roll in cornflake mixture to coat. Place in greased (or on non-stick aluminum foil wrap)

13"x9" baking dish. Bake uncovered for 45 minutes or until check juices run clear. (Serves 8)

Sunshine Pasta Salad

For salad:

12 oz. (4 cups) uncooked rotini
2 cups frozen sweet peas (thawed, drained)
2 cups thinly sliced celery
2 cups shredded carrots
1-1/2 cup (8-1/4 oz) diced cooked ham (optional)
Romaine lettuce, if desired.

For dressing:

1/2 cup orange juice
1/2 cup plain lowfat yogurt
1/2 cup mayo or salad dressing
3 Tbsp. vinegar
3 Tbsp. toasted sesame seed (optional)
3 Tbsp. firmly packed brown sugar
1/2 tsp. salt

Cook rotini to desired doneness as directed on package. Drain, rinse with cold water. In large bowl combine all salad ingredients except lettuce. Toss gently. In small bowl combine all dressing ingredients. Blend well. Pour over salad mixture, toss gently to combine. Spoon salad into lettuce lined bowl to serve. Serves 12 1-cup servings.

Tips: Recipe can be prepared ahead. Cover & refrigerate several hours or overnight. Stir gently before spooning into lettuce-lined bowl.

ENJOY!

PICTURES FROM TEA



WHO'S
THAT
UNDER THE
PHILLIES
HAT?

COMMUNITY HAPPENINGS

UPPER MERION FARMERS' MARKET

The Market is now in its fourth season. Their hours on Saturday's are from 9:00 AM to 1:00 PM. This year's market has grown to include more than 20 vendors committed to providing locally-produced goods to members of the King of Prussia community and its neighboring communities.

TRICENTENNIAL SPEAKER SERIES

Civil War History Day: Saturday, June 29 from 10:00am to 3:00pm - Old Swedes Church

Why a Civil War History Day at Old Swedes Church? Within the stone walls of the centuries-old cemetery at Old Swedes Church lie the graves of many early and prominent area citizens, many of whom served in the Civil War – including Anna Holstein and Sarah Priest, two women who selflessly served the sick, injured and dying during the Civil War. “Meet” Anna Holstein and other re-enactors. Learn about Civil War life & times, and what it was like to serve as a Civil War nurse. Visit the church, built in 1760, and learn of its interesting and valuable history and architecture.

MEMBER SPOTLIGHT

Last month we listed and thanked all of our members who volunteered to help at the Flea Market. Well, we missed thanking someone who is very special to us – and a faithful volunteer – Jerry Grossman. Jerry sold the cash prize tickets the day of the flea market and we thank him so much for helping out. *Sorry Jerry!*



JERRY SELLS TICKETS TO LORETTA POLITES.

Also, a special thank you goes to Barbara Little and her grandson for helping to pack the Flea Room at the end of the flea market. Sorry we overlooked you!

NEWSWORTHY

PARKING FOR BUS TRIPS

If you have signed up for a bus trip leaving from the Senior Center and you have “handicap” parking access, please plan to park in the rear parking lot. This allows our handicapped parkers who will be attending events during the day the convenience of parking in the front. For your convenience when the buses return to the center they will let people off the bus where their cars are parked – front or back. So if you have the handicap marker please park in the rear of the building. It is flat, there are plenty of spaces and is convenient to enter. Thank you.

CHAIR EXERCISE CLASSES

Beginning Tuesday, June 4th, our Tuesday only chair exercise class will begin at 11:30 AM. The teacher will be Don Nee. We surveyed the current class and they were okay with the change of time and teacher. We advised Age-Ex that we would begin in June and that we will have a trial period for one month and review this change.

FRIDAY FLICKS ON HIATUS FOR JULY AND AUGUST

During the summer months we will not be showing any movies. We would like to take this opportunity to thank John Desko who does a great job each month of putting together the “coming next month previews”. Thank you John!

As always, we value your input for movies you would like to see. Hope to see you all in September for a great new line up of movies. *Don McCree*

NEED YOUR LAWN MOWED??

The Junior class of Upper Merion Area School District has volunteered to mow the lawn of members of the senior center who reside in King of Prussia and Bridgeport. They would appreciate if you would let the office know of your needs so they have time to recruit sufficient student volunteers. There will be a sign-up on the Reception desk.

RECORD YOUR FAMILY HISTORY

We all have a story to tell about our family. For a donation of \$10.00, we will record as you talk about your families’ history. We will provide you with some pre-selected questions to guide you through the recording or if you prefer you can just talk generally. If you have already signed up you will be contacted to schedule a date and time. You should allow at least 2-hours for a recording. Sign up and give your \$10.00 donation in the office.

ACTIVITIES

APPRISE COUNSELOR: Assistance with insurance and Medicare concerns. Call 610.265.4715 and give your name and telephone. The APPRISE counselor will contact you directly to set up an appointment.

BINGO: Thursdays at 10:15 AM. Coordinator: Dan DeLucca. Cash prizes!

BOOK TALK: MONDAY, JUNE 24 at 1:00 PM. Meets on the 3rd Monday of the month. Coordinator: Patricia Ackah (610.265.4290). This month’s book ***“The Newlyweds” by Nell Freuderberger.*** A powerful, funny, richly observed tour de force by one

of America's most acclaimed young writers: a story of love and marriage, secrets and betrayals, that takes us from the backyards of America to the back alleys and villages of Bangladesh.

BRIDGE CLUB: Tuesday's at 10:00 AM.

CHAIR EXERCISE: *NOTE TIME CHANGE FOR TUESDAY'S ONLY BEGINNING TUESDAY, JUNE 4.*

Tuesday's at 11:30 AM to 12:15 PM and Thursday's from 12:30 PM to 1:15 PM. Coordinator: Jim Parvin. \$3.00 per class.

COMPUTER CLUB: Tuesday's 9:30 AM to 11:30 AM. Coordinators: Herman Natanblut and Howard Lurie. Meetings are open to all *members*, all ability levels. The Computer Club will be glad to answer any technical questions members have. *PLEASE STOP IN!*

CURRENT EVENTS DISCUSSION GROUP:

Monday's at 10:30 AM in the Lounge. Coordinators: Joan Shaw and Paul Buce. As long as there's news, we'll be here to discuss it. Join us, stay informed, or inform us.

FRIDAY FLICKS: FRIDAY, JUNE 14 (Pizza at 11:15 AM, Movie at 12:00 PM.) Coordinator: Don McCree. This month we will be showing "*LINCOLN*" starring Daniel Day Lewis, Tommy Lee Jones and Sally Field. In the final four months of Abraham Lincoln's life and presidency, the full measure of the man came to bear on his defining battle: to plot a forward path for a shattered nation, against overwhelming odds and extreme public and personal pressure.

GARDEN CLUB: Meets the second and fourth Wednesday at 1:00 PM. Chairperson: Paul Buce. This month we shall continue the never ending "clean up" process in the center's gardens on the 12th. And with a little luck we'll be visiting a couple of local gardens on the 26th. Come join us!

GENERAL MEMBERSHIP MEETING: Monthly meeting open to all members on the *2nd Wednesday of the month (JUNE 12) at 10:00 AM.* Any member who wants to be put on the agenda at the meeting should contact Gerry Roth, President. Birthdays will be celebrated. Come enjoy birthday cake, 50/50 and free bread. *NOTE: THIS WILL BE THE LAST MEETING UNTIL SEPTEMBER 11, 2013.*

KNITTING & CROCHETING: Tuesday's at 1:00 PM. Coordinator: Dot Price. Instruction provided. Hand-made items are for sale and all proceeds benefit the Center.

LIBRARY: Open Monday through Friday from 9:00 AM to 3:00 PM. An excellent selection of large print books, tapes and videos are available to borrow.

LINE DANCING: Every Wednesday at 1:00 PM in the gym. Coordinator: Aracelia Panzano. \$1.00 fee per lesson.

MAH-JONGG: Monday's at 10:00 AM. Coordinator: Lynne Boroch. All level players are welcome. *Come in at 9:30 AM if you are interested in learning Mah-Jongg.*

MUSIC INSTRUCTION: Every Tuesday, from 1:30 to 2:30 PM the Upper Merion Senior Service Center Band practices under the direction of Ed Hickman. The Band is always looking for new members, if you are interested stop in and see what we are all about. We are looking to round out our band we are looking for musicians who can play the Cello, the French Horn, the trombone, and the clarinet. Interested? Stop in on a Tuesday at 1:30 PM and check us out. We are always looking for a new gig and the more the merrier.

NURSE: Every 2nd and 4th Thursday of each month from *10:00 AM to 12:00 PM*. Have your blood pressure checked by our favorite Nurse Lori Gnacek from Bryn Mawr Hospital/Main Line Health.

OUTREACH: *Representative Tim Briggs'* aide is here the second Thursday of the month - 11:00 AM to 2:00 PM. *Senator Daylin Leach's* aide is here the last Thursday of the month.

QUILTING: Fourth Wednesday of the month at 9:30 AM. Instructor: Ethel Hutchinson. All levels welcome!

SING-A-LONG: Friday's at 10:00 TO 11:30 AM. Coordinators: Theresa M. Smith and Dot Morio.

TRAVEL TALES AND TIPS: Meets on the third Thursday of each month at 11:00 AM.

YOGA: Monday's at 1:30 PM. *Video Instruction.* Limited to 8 members per class.

ZUMBA GOLD: MONDAY'S AT 12:00 PM IN THE GYM. Instructors: Peg White and Geni Roskos. Fitness program offered through Upper Merion Park & Rec. Cost: Resident Seniors: \$15.00. Non-Resident Seniors: \$31.00. *Register and pay at UM Twp. Bldg. – Park & Rec. Dept. for this and future classes.*

REMINDERS FOR JUNE 2013

UM RAMBLER
Free service to UM
Township Seniors
(Visit GVF
Transportation for
pass)
You can ride back and
forth to the Center,
the Malls, and other
destinations!
GVF Transportation
Dept.
1012 W. Eighth Ave.,
Suite A
King of Prussia, PA
19406
Phone: 610-354-8899
www.gvftma.com

- * **FARMER'S MARKET CHECK DISTRIBUTION: MONDAY'S ONLY
BEGINNING JUNE 3 FROM 10:00 AM – 2:00 PM**
- * **GENERAL MEETING: WEDNESDAY, JUNE 12 AT 10:00 AM**
- * **FRIDAY FLICKS: FRIDAY, JUNE 14 PIZZA AT 11:15 AM -MOVIE AT
12:00 PM (*SHOWING: "LINCOLN"*)**
- * **SHOWBOAT CASINO TRIP: MONDAY, JUNE 17 – BUS DEPARTS CENTER
AT 9:00 AM.**
- * **VALLEY FORGE CASINO: WEDNESDAY, JUNE 19 AT 9:30 AM. SHUTTLE
WILL DEPART THE CENTER AT 9:30 AM AND RETURN AT
2:00 PM. FOR THOSE DRIVING, PLEASE MEET IN THE CASINO
LOBBY BETWEEN 9:30 AM AND 10:00 AM**
- * **TRAVEL TALES AND TIPS: THURSDAY, JUNE 20 AT 11:00 AM**
- * **BOOK TALK: MONDAY, JUNE 24 AT 1:00 PM. THIS MONTH'S BOOK IS
*"THE NEWLYWEDS" BY NELL FREUDERBERGER***
- * **VISIT TO KING OF PRUSSIA INN: WEDNESDAY, JUNE 26 AT 10:30 AM.
(*IMPORTANT NOTE: NO TRANSPORTATION WILL BE PROVIDED*)**
- * **OLD FASHIONED PICNIC/SUMMER BIRTHDAY CELEBRATION: FRIDAY, JUNE 28
AT 10:00 AM (*ALL OTHER ACTIVITIES CANCELLED*)**

Note:
Information
submitted following
MAY 1 will be
posted on the
UMSSC Bulletin
Boards and listed on
UMGA-TV (Comcast
Channel 22 or
Verizon FiOS
Channel 33)
Visit the Center's
web site at:
www.umssc.org

NOTE:
THE UMSSC
IS CLOSED
WHEN THE UM
AREA SCHOOL
DISTRICT CLOSES
DUE TO
INCLEMENT
WEATHER

**UMASD SCHOOL
CLOSING
NUMBER
IS "307"**

NOTICE IS ALSO
BROADCASTED
ON COMCAST
CHANNEL 28
OR
VERIZON FIOS
CHANNEL 32

OR CALL
SENIOR CENTER
AFTER 7:30 AM
(610-265-4715)
AND LISTEN TO
VOICE MAIL
RECORDING

OR CALL
KYW-1060 RADIO
(215-925-1060)
FOLLOW
INSTRUCTIONS
AND ENTER
UMASD SCHOOL
CLOSING
NUMBER "307"

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