









JULY 2023

LAND OF THE FREE, HOME OF THE BRAVE!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						 1
2	3 SENIOR CENTER CLOSED FOR JULY 4TH HOLIDAY	4 CENTER CLOSED 	5 9-3 WALK THE TRACK 12:00 TECH HELP 10:15 BINGO 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING(ON HIATUS)	6 9-3 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS 12:30 MAH JONGG(ON HIATUS)	7 9-3 WALK THE TRACK 10:30 SING-A-LONG	8
9	10 9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12:30 MEXICAN TRAIN	11 9 -3 WALK THE TRACK 10:00 BOARD MEETING 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	12 9-3 AM WALK THE TRACK 10:15 BINGO 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING (ON HIATUS) 12:30 TAI CHI FOR ARTHRITIS GROUP#1 1:45 TAI CHI GROUP#2	13 9 - 3 WALK THE TRACK 9:30 TO 12:00 NURSE 10:15 BINGO 11:30 FUN & FITNESS 12:30MAH JONGG(ON HIATUS)	14 9-3 WALK THE TRACK 10:30 SING-A-LONG	15
16	17 9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12:30 MEXICAN TRAIN 1:00 BOOK TALK	18 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	19 9-3 WALK THE TRACK 12:00 TECH HELP 10:15 BINGO 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING (ON HIATUS) 12:30 TAI CHI GROUP #1 1:45 TAI CHI GROUP #2	20 9 - 3 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS 12:30 MAH JONGG (ON HIATUS)	21 9-3 WALK THE TRACK 10:30 SING-A-LONG	22
23	24 9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12:30 COFFEE WITH UM SUPERVISOR TINA GARZILLO 12:30 MEXICAN TRAIN	25 9 -3 AM WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	26 9-3 WALK THE TRACK 10:15 BINGO 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING (ON HIATUS) 12:30 TAI CHI GROUP#1 1:45 TAI CHI GROUP #2	27 9 - 3 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS 12:30-MAH JONGG (ON HIATUS) 1:00 QUILTING	28 9-3 WALK THE TRACK 1030 SING-A-LONG	29
30	31 9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12:30 MEXICAN TRAIN 12:30 COFFEE WITH UM TAX COLLECTOR EVELYN ANKERS	