



THE BEST OF TIMES

JANUARY 2013

Published Monthly since 1997 by
the Upper Merion Senior Service Center
a Non-Profit 501(c)(3) Organization
Serving the Senior Community

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EMAIL: info@umssc.org
HOURS: MONDAY THRU FRIDAY
9:00 AM TO 3:00 PM

OUR MISSION STATEMENT

THE OBJECTIVE OF THE UPPER MERION SENIOR SERVICE CENTER SHALL BE TO IDENTIFY AND TO ASSIST IN MEETING THE NEEDS OF OLDER ADULTS IN A MULTI-USE ENVIRONMENT FOR PHYSICAL, EDUCATIONAL AND RECREATIONAL ACTIVITIES.

OFFICERS:

Gerry Roth, President
Mary F. McCree, Vice President
Helen Cabrey, Secretary
Harlyce Grossman, Treasurer

MEMBERS OF THE BOARD:

Paul Buce, Les Cohen, William Drolet, Ed Freudenberg,
Pari Hoorfar, Ethel Hutchinson, Howard Lurie, Ruth Shand
and Janet Sheehan

HONORARY MEMBERS:

Mary Meere, Arthur Powell, Constance H. Williams, and
Ronald G. Wagenmann

STAFF:

Jonathan Stanback, Executive Director
Shirley Robey, Administrative Assistant
Beth Cassidy, Receptionist

"Best of Times" Editors:

Mary F. McCree and Shirley Robey

GOALS

- ♦ Increase membership.
- ♦ Work to increase funding for operational support: investigate new sources of funding in cooperation with local businesses and government agencies.
- ♦ Continue the development of innovative programming.
- ♦ Maintain our working partnership with the Upper Merion Area School District and Upper Merion Township.
- ♦ Explore the potential for new opportunities for services.
- ♦ Search for educational opportunities for members as part of our lifelong learning efforts.
- ♦ Help members remain healthy and active through participation in recreational, educational and leisure activities.

MONTHLY MESSAGE

Dear Members,

HAPPY NEW YEAR!

As we welcome in the New Year, we feel we would like to have this slogan for 2013 "*Say Something Nice About the Upper Merion Senior Service Center*".

Some of our goals for 2013 are to attract new members to UMSSC as well as maintaining our current members. Funding is always important to us and we plan to increase these funding activities and are open to any suggestions. Maintain our working partnership with the Upper Merion Area School District and Upper Merion Township. Explore the potential for new opportunities for services. Search for educational opportunities for members as part of our lifelong learning efforts. Help members remain healthy and active through participation in recreational, educational and leisure activities.

All of the above can only be accomplished with the help of our members. Many of our activities would not be possible without our many volunteers but we can always use more. Our center is operated with a small salaried staff of an Executive Director, Administrative Assistant and Receptionist and an Executive Board and Board of Directors which is comprised of all volunteers.


As we know, a positive attitude is healthy and we all feel the Upper Merion Senior Service Center is a great place, so we encourage everyone to use our new slogan and "*Say Something Nice About the Upper Merion Senior Service Center*."

Harlyce Grossman

Upper Merion Senior Service Center (UMSSC) is an equal opportunity institution that will not discriminate on the basis of race, color, religious affiliation, national origin, sex, age, marital status or disabilities in its activities, programs or employment practices

JANUARY 2013

Quote of the month: "Let our New Year's resolution be this: we will be there for one another as fellow members of humanity, in the finest sense of the word." *Goran Persson*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 SENIOR CENTER CLOSED HAPPY NEW YEAR!	2 12:00 TAI CHI 1:00 LINE DANCING	3 10:15 BINGO 12:30 CHAIR EXERCISE	4 10:00 SING-A-LONG	5 
6 	7 10:00 MAH-JONGG 12:00 FREE ZUMBA GOLD DEMO 10:30 CURRENT EVENTS 1:00 KNITTING & CROCHETING 1:30 YOGA	8 9:30 COMPUTER CLUB 10:00 BRIDGE 12:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION	9 10:00 BOARD MEETING 12:00 TAI CHI 1:00 LINE DANCING	10 10:00 NURSE 10:15 BINGO 11:00 OUTREACH-BRIGGS 12:30 CHAIR EXERCISE	11 10:00 SING-A-LONG 11:15 FRIDAY FLICKS	12 
13 	14 10:00 MAH-JONGG 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:00 KNITTING & CROCHETING 1:30 YOGA	15 9:30 COMPUTER CLUB 10:00 BRIDGE 12:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION	16 10:00 GENERAL MEETING 12:00 TAI CHI 1:00 LINE DANCING	17 10:15 BINGO 12:30 CHAIR EXERCISE	18 10:00 SING-A-LONG	19 
20 	21 SENIOR CENTER CLOSED MARTIN LUTHER KING DAY OF SERVICE FROM 10:00 AM TO 12:00 PM	22 9:30 COMPUTER CLUB 10:00 BRIDGE 12:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION	23 9:30 VF CASINO 9:30 QUILTING 12:00 TAI CHI 1:00 LINE DANCING	24 10:00 NURSE 10:15 BINGO 12:30 CHAIR EXERCISE	25 10:00 SING-A-LONG	26 
27 	28 10:00 MAH-JONGG 10:00 GOOD FOOD/ GOOD HEALTH 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:00 KNITTING & CROCHETING 1:00 BOOK TALK 1:30 YOGA	29 9:30 COMPUTER CLUB 10:00 BRIDGE 12:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION	30 12:00 TAI CHI 1:00 LINE DANCING BRING IN ST. JOHN'S SOUP KITCHEN DONATIONS	31 10:15 BINGO 11:00 OUTREACH-LEACH 12:30 CHAIR EXERCISE		

OUR BOARD OF DIRECTORS



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DATES WE ARE CLOSED

THE SENIOR CENTER WILL BE CLOSED ON TUESDAY, JANUARY 1 FOR THE NEW YEAR HOLIDAY.

WE ARE ALSO CLOSED ON MONDAY, JANUARY 21 FOR MARTIN LUTHER KING DAY

UPCOMING EVENTS

ZUMBA GOLD CLASSES FREE DEMO: MONDAY, JANUARY 7 AT 12:00 NOON AT GULPH SCHOOL GYM. Come and join the party with instructors Peg White and Geni Roskos!! Start your New Year off with Zumba Gold, a new fitness program being offered through Upper Merion Park and Rec. As a **SPECIAL OFFER**, this session will run for seven Mondays from January 14 until March 4th (No class on Jan. 21 or Feb. 18) at a charge of \$15.00 for Upper Merion resident seniors and \$25.00 for non-resident seniors. **This program is especially created for the UMSSC, will be held on Mondays 12 noon – 12:45 in the Gym.**

MARTIN LUTHER KING DAY OF SERVICE: MONDAY, JANUARY 21: We need members to volunteer to help with general clean-up around the Senior Center on Monday, Jan. 16 from 10:00 AM to 12:00 PM. **PLEASE NOTE: NO OTHER ACTIVITIES**

SCHEDULED ON THIS DAY. PLEASE SIGN-UP AT RECEPTION DESK.

VALLEY FORGE CASINO: WEDNESDAY, JANUARY 23 AT 9:30 AM. VF CASINO MEMBER COST: None. Includes a \$25.00 free slot play, \$15.00 food & beverage vouchers, free shuttle bus from & back to center. **NON VF CASINO MEMBER COST: \$25.00.** Cost includes \$25.00 free slot play, \$15.00 food & beverage vouchers, free shuttle bus from & back to center & 3 months dining membership which includes unlimited casino access, 10% off every meal & invitations to exclusive member events. **SHUTTLE (available for all) DEPARTS UMSSC AT 9:30 AM and DEPARTS THE CASINO APPROXIMATELY 2:00 PM. YOU MUST REGISTER IN ADVANCE TO GET SPECIAL OFFER. CUT-OFF DATE WEDNESDAY, JANUARY 16 DON'T FORGET TO BRING YOUR PHOTO ID WITH YOU TO THE CASINO.**

AARP 2013 TAX PREPARATION: Held on Thursday's only beginning February 7 through April 11. Tax preparation for seniors by appointment only. Bring in all of your tax documentation *including your real estate tax bills*. Appointment sign-up schedule will be at the reception desk starting on Monday, January 7. **Must sign up in person. No appointments will be taken over the telephone.**

COMMUNITY OUTREACH

DONATIONS TO UMSSC

Upper Merion Senior Service Center is now a member of the *United Way Donor Program*. Anyone wishing to make a donation to the UMSSC can designate UMSSC as the recipient of their donation. (Reference UMSSC ID #45796, UW Agency #8229767.)

Please consider a tax-deductible donation to the Upper Merion Senior Service Center. As a non-profit organization 501(c)(3) we rely upon outside donations and gifts to help finance some of our programs, activities and services to our members.

Thank you to the following members who generously made donations to the Center:

- ★ Ruth Shand *in memory of Elizabeth (Betty) Dougherty.*
- ★ Marie & John Buler *in memory of Theresa Kelly.*
- ★ William Jenaway to the Center.
- ★ Harlyce & Jerry Grossman *in memory of Theresa Kelly.*
- ★ Jim & Elaine Parvin *in memory of James Schloth, son of Joan Schloth.*
- ★ John and Ann Karas to the Center.
- ★ Avis Colbert to the Center.

UPPER MERION EMERGENCY AID

Dried goods donations collected for families in the community. More families are in need than ever before. Donation box is outside of the lounge. ***The Upper Merion Emergency Fund has specifically requested donations of pasta and pasta sauce.*** As always, we thank you for your generosity.

ST. JOHN'S SOUP KITCHEN

The Women's Club of Upper Merion will be preparing a meal at St. John's Kitchen for the homeless on Thursday, January 31st. Please check the bulletin board for items needed. If you would like to donate, please place the items in the box along the corridor marked for St. John's. The items will be needed by Wednesday, January 30th

PUT BOOKS IN THE HANDS OF CHILDREN WHO NEED THEM

Book donations to the Bridgeport Elementary School children (grades K-4th) are still being collected. Collection box is on the table outside of the lounge. Members might keep in mind how valuable these books are to young readers. Pictures of the children choosing their books to keep are posted on our bulletin board. Take a moment to look at the photos and see how you have made a child happy. ***WE CAN ALL PUT BOOKS INTO THE HANDS OF CHILDREN. When donating books please be sure that they are in good condition.***

UPPER MERION TRICENTENNIAL MEMORABILIA

Tricentennial Memorabilia is available at the *cashier's window in the Upper Merion Township Building*. There are always new items so please stop over and see which ones you would like. Checks should be made payable to *Upper Merion Township Foundation*.

PROJECT LINUS

Several of our members have been knitting and crocheting squares for blankets for the "Hearts and Hands" ladies group at Good Shepherd's Church which was brought to us by UMSSC member Joan Banas. The purpose of this project is to "provide love, a sense of security, warmth and comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of new, handmade blankets and afghans, lovingly created by volunteer "blanketeers." So far 60 blankets have been made and donated. ***What a great job by our members who volunteered on this project*** for a very good cause.

ACKNOWLEDGEMENTS

GRACIAS! THANKS! DANKE! MERCI! ARIGATO! GRAZIE! OBRIGADO!

★ Thank you Tony from ***Angelo's Pizza*** – for the foot long Birthday Hoagie he donates to the center every month. ★ ***LeBus Bread*** – Member Raffle every month and to ★ ***Sun Joe*** - who generously donates the baked goods we put out for snacks. We also thank ★ ***Sicilian Delight*** for their great discounts on pizza.

COMMUNITY HAPPENINGS

FRIENDS OF VALLEY FORGE PARK SPEAKER SERIES

As part of the Friends mission to provide interesting and compelling programming for the public, the annual Speaker Series is held in cooperation with the Washington Memorial Chapel. Each year, a new slate of programs is scheduled and offered at the Chapel or the park theater. Programs are held on the first Tuesday of the month at 7 pm. The following programs will be held at the Chapel.

Tuesday, January 8: African Americans at the Valley Forge Encampment presented by Joe Becton teacher, historian, interpreter. As many as one thousand Africans served at the 1777-78 Valley Forge encampment with the Continental Army, under all kinds of conditions. Some, such as William Lee and Hannah Till, were enslaved. Others, such as Cyrus Bustill (a baker), were family members of soldiers or were employed at camp. Many Africans—Jack Sisson, Peter Salem and Salem Poor, for example—were heroes.

Tuesday, February 5: Native Americans in the American Revolution presented by Daniel K. Richter, historian, educator, author. Discover why most Native Americans allied themselves with the British against the United States during the American Revolution – and what it cost them.

Tuesday, March 5: Abigail Adams: Founding Mother, Patriot, Wife and Political Advisor presented by Kim Hanley, re-enactor, historian, motivational speaker. Kim shares her first-person interpretation on a conversation with "Dear Abigail," an astute wife and mother, guaranteed to provide insight into the concerns of 18th century Americans, as well as those of the 21st century.

NEWSWORTHY

2013 MEMBERSHIP REMINDER

The Membership Drive for 2013 has begun!
UMSSC Membership is still only \$15.00. Current

membership allows you to enjoy so much that we offer at the center such as activities for the mind and body, special events, presentations, movies and theater. The 2013 membership application form is included in this Newsletter. Complete both sides of the form and mail or bring in with your \$15.00 payment. Each individual must complete their form. (***FOR COUPLES:*** Only one form is attached so if you need another form please let us know and we will forward one to you.) We look forward to receiving your membership renewal. If you have any questions, feel free to stop by the staff office.

PLEASE COMPLETE SURVEY

Attached to this month's ***Best of Times*** is a copy of a new survey. The purpose of the survey is to make sure that our newsletter is providing information that is of interest to you so your input is very important. ***We would appreciate your response by January 18.***

TAI CHI

We have been monitoring attendance at our Tai Chi Classes. A minimum of at least 20 people is required for this class. We have tried a free month and had a good turnout, but it has slowed down again. Please tell your friends how great this class is. We will continue to monitor through January but if we do not have sufficient attendance, unfortunately, we will have to discontinue it.

FUTURE CLASSES

Howard Lurie is willing to teach another class in late winter or early spring if there is sufficient interest. The subject would be one of the following: Basic Statistics, Basic Economics or Basic Investing. Please express your interest to the office.

BOARD NOMINATIONS

At the General Meeting on December 12, the following members were appointed to the Board by Acclamation: Gerald Roth, President; Mary McCree, Vice President; Helen Cabrey, Secretary; Harlyce Grossman, Treasurer; Les Cohen, Director; William Drolet, Director; and Howard Lurie, Director. At our December 5 Board Meeting Ruth Shand was appointed to a 2-year term.

SPECIAL KUDOS TO THE UPPER MERION AREA HIGH SCHOOL

The Upper Merion High School Advanced Choir and Brian Horoho, Choir Director, made the finals in the B101 radio Christmas Choir competition. They won 2nd place in the contest, a prize of \$2,000. Their song was "*Slow Dancing in the Snow.*" How great is that! Thanks to all who voted for this very talented choir.

SPECIAL THANK YOU

A delightful afternoon was provided to us by Don McCree who shared his thoroughly enjoyable video of

the Radio City Rockettes Christmas Spectacular. Some members missed this showing and have requested an encore. Don will do so if enough people express interest or we can just wait for next Christmas. So, please let the office know....your wish is our command.

RECORD YOUR FAMILY HISTORY

We all have a story to tell about our family. For a donation of \$10.00, we will record as you talk about your families' history. We will provide you with some pre-selected questions to guide you through the recording or if you prefer you can just talk generally. If you have already signed up you will be contacted to schedule a date and time. You should allow at least 2-hours for a recording. Sign up and give your \$10.00 donation in the office.

MEMBER SPOTLIGHT ON JIM & ELAINE PARVIN

There's a very handsome white-haired gentleman standing up in the front of the great room at our Valentine Party. He's our party MC and he's all dressed up in a tux, telling us jokes. His wife is sitting at one of the tables and puts her hand up to her face in embarrassment. Her husband is telling jokes that she thinks are a little off-color. But we all laugh; we think he's funny!

A dainty, well dressed woman is sitting at a table in the reception area during a craft show or flea market or at the UMSSC booth at the annual Community Fair collecting membership forms. She has been taking care of our membership records for some time.

Elaine Parvin and her wonderful husband, Jim have been teamed up together for the last 13 years compiling lots of information for the center.

They have recorded all members since the year 2000 when Chuck Volpi recruited Elaine to organize our membership list. They have done so much more. Over the years, they provided a monthly membership report, a list of birthdays monthly, tracked the visitors to the center daily, monthly and annually, and provided monthly our mailing labels for the newsletter.

Whenever we needed information, a call would be made to the Parvin's and they gladly would provide the answer. Fortunately for us, Jim will still be working with our chair exercise classes so you will continue to see him each week and occasionally Elaine will drop by to say hi.



Many thanks to these two wonderful volunteers who worked with perfection and willingness for the center.

ACTIVITIES

APPRISE COUNSELOR: Assistance with insurance and Medicare concerns. Call 610.265.4715 and give your name and telephone. The APPRISE counselor will contact you directly to set up an appointment.

BINGO: Thursdays at 10:15 AM. Coordinators: Evelyn Cavaliere and Dan DeLucca. Cash prizes!

BOOK TALK: MONDAY, January 28 at 1:00 PM. Coordinator: Patricia Ackah (610.265.4290). This month's book is "**CALICO JOE**" by **John Grisham**. A surprising and moving novel of fathers and sons, forgiveness and redemption, set in the world of Major League Baseball.

BRIDGE CLUB: Tuesday's at 10:00 AM.

CHAIR EXERCISE: Every Tuesday and Thursday from 12:30 PM to 1:15 PM. Coordinator: Jim Parvin. \$3.00 per class.

COMPUTER CLUB: Tuesday's 9:30 AM to 11:30 AM. Coordinators: Herman Natanblut and Howard Lurie. Meetings are open to all *members*, all ability levels.

CURRENT EVENTS DISCUSSION GROUP: Monday's at 10:30 AM in the Lounge. Coordinator: Joan Shaw. The news cycle seems to be accelerating. The potential topics are endless, and we pick our 'favorites' each week. The group has been growing, so grab your personal hot topic and join in.

FRIDAY FLICKS: FRIDAY, JANUARY 11 (Pizza at 11:15 AM, Movie at 12:00 PM.) Coordinator: Don McCree. This month we will be showing "**TROUBLE WITH THE CURVE**" starring CLINT EASTWOOD. **Cost: \$5.00 for movie and pizza or \$2.00 for the movie only. Sign up and pay in advance at the Reception Desk.**

GARDEN CLUB: Meets the second and fourth Wednesday at 1:00 PM. Chairperson: Paul Buce. The gardeners are **on hiatus this month**, just dreaming of

how great this year's gardens will be.

GENERAL MEMBERSHIP MEETING: Monthly meeting open to all members on the **3rd Wednesday on January 16** at 10:00 AM. Any member who wants to be put on the agenda at the meeting should contact Gerry Roth, President. Birthdays will be celebrated. Come enjoy birthday cake, 50/50 and free bread.

GOOD FOOD/GOOD HEALTH WITH PARI: **Monday, January 28 at 10:00 AM.** Instructor: Pari Hoorfar **Cost: \$6.00. Minimum of 10 - limited to 15. Advance sign-up and payment is required so that enough food can be prepared. Watch the bulletin board to see what Paris has planned for this meal!**

KNITTING & CROCHETING: Monday's and Tuesday's at 1:00 PM. Coordinator: Dot Price. Instruction provided. Hand-made items are for sale and all proceeds benefit the Center.

LIBRARY: Open Monday through Friday from 9:00 AM to 3:00 PM. An excellent selection of large print books, tapes and videos are available to borrow.

LINE DANCING: Every Wednesday at 1:00 PM in the gym. Coordinator: Aracelia Panzano. \$1.00 fee per lesson.

MAH-JONGG: Monday's at 10:00 AM. All level players are welcome. Come in at 9:30 AM if you are interested in learning Mah-Jongg. Coordinator: Lynne Boroch.

MUSIC INSTRUCTION: Tuesday's at 1:30 PM. Instructor: Ed Hickman.

NURSE: Every 2nd and 4th Thursday of each month from **10:00 AM to 12:00 PM**. Have your blood pressure checked by our favorite Nurse Lori Gnacek from Bryn Mawr Hospital/Main Line Health.

OUTREACH: *Representative Tim Briggs'* aide is here the second Thursday of the month - 11:00 AM to 2:00 PM. *Senator Daylin Leach's* aide is here the last Thursday of the month - 11:00 AM to 1:00 PM.

QUILTING: Fourth Wednesday of the month at 9:30 AM. Instructor: Ethel Hutchinson. All levels welcome!

SHOWBOAT CASINO TRIP: *SUSPENDED UNTIL MAY 2013.*

SING-A-LONG: Friday's at 10:00 TO 11:30 AM. Coordinators: Theresa M. Smith and Dot Morio.

STAND-UP YOGA: Monday's at 1:30 PM. DVD Instruction. Limited to 8 members per class.

TAI CHI: Every Wednesday from 12:00 PM to 12:45 PM. Coordinator Louise Bailey. \$3.00 per class.

TRAVEL TALES AND TIPS: *WILL BE ON HIATUS FOR THE WINTER.*

DID YOU KNOW . . .

all of these events took place in January?

1772 – The first traveler’s checks were introduced by the London Credit Exchange Company.

1776 – George Washington unveiled the Grand Union Flag, the first national flag in America after King George III of England called on American forces to surrender.

1892 – Ellis Island opened to begin the processing of what would amount to more than 20 million immigrants to the United States.

1908 – The first time a ball, signifying the New Year, was dropped at Times Square.

1931 – The Road Traffic Act came into force, introducing traffic policemen and compulsory third-party insurance.

1966 – From this day, all US cigarette packs had to carry “Caution Cigarette smoking may be hazardous to your health.”

IN CLOSING...

Our Holiday Party was quite a success thanks to our many volunteers.

Thank you to our ticket sellers: June Dolan Jean Grimes, Nancy Kime, Joann Meenan, Ruth Shand, Theresa Smith. Thanks also to our raffle ticket sellers headed up by Sarah Phillips: Lucy Damiani, Joann Meenan, Tony Segui, and of course, Sarah. Thank you to Joan Martin, Ruth Shand for preparing strips of raffle tickets to sell at the party. Special thanks to Loretta and Dan DeLuca for their faithful job of separating the raffle tickets sold. Thank you to Shirley and Harlyce for counting the receipts from the raffle ticket sales.

Thank you to Ron Wagenmann for offering our Invocation and to Patricia Ackah and Carla Showell-Lee for so nicely helping us with our tribute to Ron Wagenmann who retired or just changed his pace on December 20th. Ron was given a beautiful hand-crocheted scarf made specifically for him by Cleo Gray of our Craft Room staff. Ron was also awarded a lifetime membership to our Center. We will be looking for you, Ron!

A very special thank you to our Upper Merion Service Center Band for their wonderful music as our entertainment at the Holiday Party. Our band received accolades from Park and Rec for their performance at

the Holiday Hoopla. They are in great demand, having played at Wegman’s and the Middle School. Congratulations for gigs well done!!

Special thanks to Helen Cabrey for her as always! beautiful job of wrapping our door prizes. Thanks to all who donated door prizes as well.

Thank you to all of our table captains. A very special thank you to my husband, Don, Jonathan, Shirley and Beth who do everything asked of them and more.

All of the above chipped in to make this party very special. We could not do anything without our volunteers. If I have forgotten anyone, please forgive me.

We are always looking for volunteers....if you are interested, please stop in the office or mention to one of us, you are always welcome.

As you can see, it takes many to succeed. Looking forward to working with all of our volunteers in 2013.

Sincerely,

Mary McCree



REMINDERS FOR JANUARY 2013

UM RAMBLER
Free service to UM
Township Seniors
(Visit GVF
Transportation for
pass)
You can ride back and
forth to the Center,
the Malls, and other
destinations!
GVF Transportation
Dept.
1012 W. Eighth Ave.,
Suite A
King of Prussia, PA
19406
Phone: 610-354-8899
www.gvftma.com

- * AARP TAX PREP APPOINTMENT SIGN-UP BEGINS: MONDAY, JANUARY 7 AT RECEPTION DESK FOR TAX PREP APPOINTMENTS ON THURSDAY'S ONLY BEGINNING FEBRUARY 7 THRU APRIL 11
- * FRIDAY FLICKS: FRIDAY, JANUARY 11 AT 11:00 AM
- * GENERAL MEETING: WEDNESDAY, JANUARY 16 AT 10:00 AM
- * MARTIN LUTHER KING DAY OF SERVICE: MONDAY, JANUARY 21 AT 10:00 AM
- * VALLEY FORGE CASINO: WEDNESDAY, JANUARY 23 AT 9:30 AM
- * GOOD FOOD/GOOD HEALTH WITH PARI: MONDAY, JANUARY 28 AT 10:00 AM
- * BOOK TALK: MONDAY, JANUARY 28 AT 1:00 PM

**UMSSC WILL BE CLOSED FOR NEW YEARS DAY
TUESDAY, JANUARY 1.
WE WILL RE-OPEN WEDNESDAY, JANUARY 2.**

**WE ARE ALSO CLOSED ON MONDAY, JANUARY 21 FOR
MARTIN LUTHER KING DAY.**

HAVE A SAFE AND HAPPY NEW YEAR!

**NOTE:
THE UMSSC
IS CLOSED
WHEN THE UM
AREA SCHOOL
DISTRICT CLOSSES
DUE TO
INCLEMENT
WEATHER**

**UMASD SCHOOL
CLOSING
NUMBER
IS "307"**

**NOTICE IS ALSO
BROADCASTED
ON COMCAST
CHANNEL 28
OR
VERIZON FIOS
CHANNEL 32**

**OR CALL
SENIOR CENTER
AFTER 7:30 AM
(610-265-4715)
AND LISTEN TO
VOICE MAIL
RECORDING**

**OR CALL
KYW-1060 RADIO
(215-925-1060)
FOLLOW
INSTRUCTIONS
AND ENTER
UMASD SCHOOL
CLOSING
NUMBER "307"**

**Note:
Information
submitted following
DEC. 5 will be
posted on the
UMSSC Bulletin
Boards and listed on
UMGA-TV (Comcast
Channel 22 or
Verizon FIOS
Channel 33)
Visit the Center's
web site at:
www.umssc.org**

**UPPER MERION SENIOR SERVICE CENTER
650 SOUTH HENDERSON ROAD KING OF PRUSSIA, PA 19406**

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TO: RESIDENT or OCCUPANT

SURVEY
"THE BEST OF TIMES" NEWSLETTER

To help us improve our monthly newsletter, we have listed below some of the segments included in our newsletter. Could you please answer the following and return to the office at UMSSC. Respond YES (Y) or NO (N).

SEGMENT	DO YOU READ THIS SEGMENT? (Y/N)	KEEP (Y/N)
CALENDAR		
UPCOMING EVENTS		
COMMUNITY OUTREACH		
ACKNOWLEDGEMENTS		
COMMUNITY HAPPENINGS		
NEWSWORTHY		
MEMBERS' SPOTLIGHT		
DID YOU KNOW?		
ACTIVITIES		
REMINDERS ON BACK PAGE		

If we were able to provide the Newsletter via email would you be interested?

If yes, please enter e-mail address: _____

Other: _____

Any suggestions/comments: _____

Name (optional) _____

**Please return completed survey by *January 18*. Return in person or by mail to
 UMSSC, 650 S. Henderson Road, King of Prussia, PA 19406**