



JANUARY 2013

Quote of the month: "Let our New Year's resolution be this: we will be there for one another as fellow members of humanity, in the finest sense of the word." *Goran Persson*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 SENIOR CENTER CLOSED HAPPY NEW YEAR!	2 12:00 TAI CHI 1:00 LINE DANCING	3 10:15 BINGO 12:30 CHAIR EXERCISE	4 10:00 SING-A-LONG	5 
6 	7 10:00 MAH-JONGG 12:00 FREE ZUMBA GOLD DEMO 10:30 CURRENT EVENTS 1:00 KNITTING & CROCHETING 1:30 YOGA	8 9:30 COMPUTER CLUB 10:00 BRIDGE 12:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION	9 10:00 BOARD MEETING 12:00 TAI CHI 1:00 LINE DANCING	10 10:00 NURSE 10:15 BINGO 11:00 OUTREACH-BRIGGS 12:30 CHAIR EXERCISE	11 10:00 SING-A-LONG 11:15 FRIDAY FLICKS	12 
13 	14 10:00 MAH-JONGG 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:00 KNITTING & CROCHETING 1:30 YOGA	15 9:30 COMPUTER CLUB 10:00 BRIDGE 12:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION	16 10:00 GENERAL MEETING 12:00 TAI CHI 1:00 LINE DANCING	17 10:15 BINGO 12:30 CHAIR EXERCISE	18 10:00 SING-A-LONG	19 
20 	21 SENIOR CENTER CLOSED MARTIN LUTHER KING DAY OF SERVICE FROM 10:00 AM TO 12:00 PM	22 9:30 COMPUTER CLUB 10:00 BRIDGE 12:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION	23 9:30 VF CASINO 9:30 QUILTING 12:00 TAI CHI 1:00 LINE DANCING	24 10:00 NURSE 10:15 BINGO 12:30 CHAIR EXERCISE	25 10:00 SING-A-LONG	26 
27 	28 10:00 MAH-JONGG 10:00 GOOD FOOD/ GOOD HEALTH 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:00 KNITTING & CROCHETING 1:00 BOOK TALK 1:30 YOGA	29 9:30 COMPUTER CLUB 10:00 BRIDGE 12:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION	30 12:00 TAI CHI 1:00 LINE DANCING BRING IN ST. JOHN'S SOUP KITCHEN DONATIONS	31 10:15 BINGO 11:00 OUTREACH-LEACH 12:30 CHAIR EXERCISE		