

FEBRUARY 2026 "HEART HEALTH MONTH"

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2	3	4	5	6	7
	9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12-3 ART GROUP 12:30 MEXICAN TRAIN 1:00 POKER 9:30-3:30 VALLEY FORGE HOMESTEAD QUILTERS (PRIVATE GROUP)	9 -3 WALK THE TRACK 10:00 BOARD MEETING 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE SALVATORE'S TRATTORIA GIVE BACK PROGRAM 10:00AM-9:00PM MUST MENTION SENIOR CENTER	9-3 WALK THE TRACK 12:00 CELLPHONES MADE SIMPLE 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 BOCCE 1:00-3:00 OPEN GAME ROOM	9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00 HEALTHY STEPS IN MOTION CLASS IS FULL 1:00-3:00 OPEN GAME ROOM	9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00 TRIVIA	
8	9	10	11	12	13	14
	9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12:00 MONDAY MATINEE"ON GOLDEN POND" 12-3 ART GROUP 12:30 MEXICAN TRAIN	9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	9-3 WALK THE TRACK 12:00 CELLPHONES MADE SIMPLE 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 BOCCE 1:00-3:00 OPEN GAME ROOM	9-3 WALK THE TRACK 9:45-12 NURSE 10:15 BINGO 11:45 FUN & FITNESS 1:00 HEALTHY STEPS IN MOTION CLASS IS FULL 1:00-3:00 OPEN GAME ROOM	VALENTINE HOAGIE SOCIAL 12:00 -2:00 DOORS OPEN AT 11:45 ALL ACTIVITIES CANCELLED	
15	16	17	18	19	20	21
	9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12-3 ART GROUP 12:30 MEXICAN TRAIN 1:00 POKER 1:00 BOOK TALK PRESIDENTS DAY	9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE 5:00-7pm EVENING AMUSEMENT TIME AT THE SENIOR CENTER RAMADAN BEGINS	9-3 WALK THE TRACK 12:00 CELLPHONES MADE SIMPLE 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 BOCCE 1:00-3:00 OPEN GAME ROOM ASH WEDNESDAY	9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00 HEALTHY STEPS IN MOTION CLASS IS FULL 1:00-3:00 OPEN GAME ROOM	9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 10:30 COFFEE WITH BOARD MEMBERS 1:00 TRIVIA	
22	23	24	25	26	27	28
	9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ZOOM) 12:45 COFFEE WITH SUPERVISOR "GREG WAKS" 12-3 ART GROUP 12:30 MEXICAN TRAIN	9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE 5:00-7pm EVENING AMUSEMENT TIME	9-3 WALK THE TRACK 9:45 MEDITATION 12:00 CELLPHONES MADE SIMPLE 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 BOCCE 1:00-3:00 OPEN GAME ROOM	9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00 HEALTHY STEPS IN MOTION CLASS IS FULL 1:00-3:00 OPEN GAME ROOM 1:00 QUILTING	9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00 TRIVIA	
25	26	27	28			
	9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12-3 ART GROUP 12:30 MEXICAN TRAIN	9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE 5:00-7pm EVENING AMUSEMENT TIME	9-3 WALK THE TRACK 12:00 CELLPHONES MADE SIMPLE 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 BOCCE 1:00-3:00 OPEN GAME ROOM			