

AUGUST 2025

BE HAPPY AND SMILE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9-3 WALK THE TRACK 9:15 CHAIR YOGA WITH HELEN C (FREE) 9:00-10:30 CORN HOLE 10:30 SING-A-LONG SENIOR CENTER CLOSSES AT 12 NOON	2
3	4 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12-3 ART GROUP (CANCELLED) 1:00 POKER	5 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	6 9-3 WALK THE TRACK 9:45 MEDITATION 12:00 -1:00 CELL PHONES MADE EASY 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 1:00-3:00 OPEN GAME ROOM	7 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM	8 9-3 WALK THE TRACK 9:00-10:30 CORN HOLE 9:15 CHAIR YOGA 10:30 SING-A-LONG SENIOR CENTER CLOSSES AT 12 NOON	9
10	11 9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ZOOM) 12-3 ART GROUP	12 9 -3 WALK THE TRACK 10:00 BOARD MEETING 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	13 9-3 WALK THE TRACK 12:00 NEIGHBORS ON ZOOM 12:00 -1:00 CELL PHONES MADE EASY 12:30 CANASTA 1:00-3:00 OPEN GAME ROOM 1:45 DIABETES PROGRAM	14 9-3 WALK THE TRACK 9:45-12 NURSE 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM	15 9-3 WALK THE TRACK 9:00-10:30 CORN HOLE 9:15 CHAIR YOGA 10:30 SING-A-LONG SENIOR CENTER CLOSSES AT 12 NOON	16
17	18 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12:45-3 ART GROUP (NOTE TIME) 1:00 POKER	19 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	20 9-3 WALK THE TRACK 9:45 MEDITATION 12:00 -1:00 CELL PHONES MADE EASY 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 1:00-3:00 OPEN GAME ROOM	21 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM 6-8:30 PETRUCCI'S ICE CREAM GIVE BACK NATIONAL SENIOR CITIZENS DAY	22 9-3 WALK THE TRACK 9:00-10:30 CORN HOLE 9:15 CHAIR YOGA 10:30 SING-A-LONG SENIOR CENTER CLOSSES AT 12 NOON	23
24	25 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12-3 ART GROUP 12:30 EVELYN ANKERS UMT TAX COLLECTOR	26 9-3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	27 9-3 WALK THE TRACK 12:00 NEIGHBORS ON ZOOM 12:00 -1:00 CELL PHONES MADE EASY 12:30 CANASTA 1:00-3:00 OPEN GAME ROOM	28 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM 1:00 QUILTING	29 SENIOR CENTER CLOSED FOR LABOR DAY HOLIDAY	30